



Table 105-04211

Self-rated mental health, by age group and sex, household population aged 12 and over, Canada, provinces, territories, health regions (June 2005 boundaries) and peer groups, every 2 years

Survey or program details:

Canadian Community Health Survey - 3226

Geography^{2,3}=Yukon Territory [60]

Age group	Sex	Self-rated mental health ¹⁰	Characteristics 11,12,13,14	2005
		Total population for the variable self-rated mental health	Number of persons	27,188
		Total population for the variable sell-rated mental health	Percent	100.0
		Vory good or excellent self-rated mental health	lumber of persons lercent	20,036
		Very good or excellent self-rated mental health	Percent	73.7
		Excellent self-rated mental health	Number of persons	8,978
		Excellent Sen-rated mental health	Percent	33.0
	Both sexes	Very good self-rated mental health	Number of persons	11,058
	Doin sexes	very good oon rated mental nearth	Number of persons Percent Number of persons	40.7
		Good self-rated mental health	Number of persons	5,54
		Cood Sell Fated Mental Health	Percent	20.4
		Fair or poor calf rated montal health	th Percent Number of persons	1,176 ^l
		Fair or poor self-rated mental health	Percent	4.3 ^l
		Oalf and all an and all be although a set added	Number of persons	F
		Self-rated mental health, not stated	Percent	ı
		Total warmietian for the wariable calfurated manual books	Number of persons	13,66
		Total population for the variable self-rated mental health	Percent	100.
		Very good or excellent celf rated mental health	Number of persons	9,95
		Very good or excellent self-rated mental health	Percent Number of persons	72.
		Excellent self-rated mental health	Number of persons	4,60
Total, 12 years and over		Excellent Sen-rated mental health	Percent	33.
		Very good self-rated mental health	Number of persons	5,35
	Males	very good sell-rated mental health	Percent	39.
		Good self-rated mental health	Number of persons	2,72
		Good Sell-rated mental health	Percent	20.
		Fair or poor self-rated mental health	Number of persons	629
			Percent	4.6
			Number of persons	
		Self-rated mental health, not stated	Percent	
		T. (1) 1. (2. (1. (1. (1. (1. (1. (1. (1. (1. (1. (1	Number of persons	13,52
		Total population for the variable self-rated mental health	Percent	100.
			Number of persons	10,07
		Very good or excellent self-rated mental health	Percent	74.
		For all and a old maked mountable and the	Number of persons	4,37
	Females	Excellent self-rated mental health	Percent	32.
		Vorus good calf rated montal backs	Number of persons	5,70
		Very good self-rated mental health	Percent	42.
		Cood solf rated montal hooks	Number of persons	2,81
		Good self-rated mental health	Percent	20.

1	I	Fair or poor self-rated mental health	Number of persons	₅₄₇ E
				_
			Percent	_
		Self-rated mental health, not stated	Number of persons	_
		,	Percent	_
		Total population for the variable self-rated mental health	Number of persons	3,854
		Готория (пределения)	Percent	100.0
		Very good or excellent self-rated mental health	Number of persons	F F F F F F F F F F F F F F F F F F F
		Tory good or excellent con rated mental neutrin	Percent	75.2
		Excellent self-rated mental health	Number of persons	4.0 ^E F 3,854 100.0 2,897 75.2 1,351 35.1 1,545 40.1 689 ^E F F 2,016 100.0 1,474 73.1 590 ^E 29.3 ^E 884 43.8 336 ^E 16.6 ^E F 1,838 100.0 1,422 77.4 761 41.4 661 ^E 36.0 ^E 353 ^E F F F F F F F F F F F F F F F F F F F
		Excellent son rated memarineanin	Percent	
	Bath saves	Very good self-rated mental health	Number of persons	1,545
	Both sexes	very good sen-rated mental health	Percent	40.1
		Good self-rated mental health	Number of persons	689 ^E
			Percent	17.9 ^E
			Number of persons	_
		Fair or poor self-rated mental health	·	_
				_
		Self-rated mental health, not stated	·	_
				_
		Total population for the variable self-rated mental health	· ·	_
				_
		Very good or excellent self-rated mental health	·	
				_
		Excellent self-rated mental health		_
			Percent	29.3 ^L
12 to 19 years	Males	Very good self-rated mental health Good self-rated mental health	Number of persons	884
12 to 19 years	la.ss		Percent	43.8
			Number of persons	336 ^E
		Good Sen-rated mental health	Percent	16.6 ^E
			Number of persons	_
		Fair or poor self-rated mental health	Percent Persons	F
			Number of persons	F
		Self-rated mental health, not stated	Percent	F
			Number of persons	1,838
		Total population for the variable self-rated mental health	Percent	_
			Percent Number of persons	_
		Very good or excellent self-rated mental health		_
				_
		Excellent self-rated mental health	· ·	_
				_
	Females	Very good self-rated mental health	·	_
				547 ^E 4.0 ^E 7.0 7.0 7.0 7.0 7.0 7.0 7.0 7.0 7.0 7.0
		Good self-rated mental health	Number of persons	_
			Percent	4.0 ^E F F G 3,854 100.0 2,897 75.2 1,351 35.1 1,545 40.1 689 ^E 17.9 ^E F F C 2,016 100.0 1,474 73.1 590 ^E 29.3 ^E 884 43.8 336 ^E 16.6 ^E F F F G 1,838 100.0 1,422 77.4 761 41.4 661 ^E 36.0 ^E 353 ^E 19.2 ^E F F F F F F F F F F F F F F F F F F F
		Fair or noor self-rated montal health	Number of persons	
		Fair or poor self-rated mental health	Percent	F
		Solf-rated montal hoolth, not stated	Number of persons	F
		Self-rated mental health, not stated	Percent	F
		Total manufaction for the contribute of the cont	Number of persons	6,422
		Total population for the variable self-rated mental health	Percent	100.0
		Vanuaria de la consulta de la Consul	Number of persons	
		Very good or excellent self-rated mental health		_
				1

		Excellent self-rated mental health	Number of persons	2,865 44.6 834 ^E 13.0 ^E F
			Percent	37.9
		Very good self-rated mental health	Number of persons	2,865
	Both sexes	very good sen-rated mental nearth	Percent	44.6
		Good self-rated mental health	Number of persons	834 ^E
			Percent	13.0 ^E
		Fair or poor self-rated mental health	Number of persons	F
			Percent	F
			Number of persons	F
		Self-rated mental health, not stated	Percent	F
		Total warming in fact the consists and sected warming to although	Number of persons	2,921
		Total population for the variable self-rated mental health	Percent	100.0
			Number of persons	2,400
		Very good or excellent self-rated mental health	Percent	82.2
			Number of persons	1,005 ^E
		Excellent self-rated mental health	Percent	34.4 ^E
				_
	Males	Very good self-rated mental health	Number of persons	1,395 ^E
			Percent	47.7 ^E
20 to 34 years		Good self-rated mental health	Number of persons	336 ^E
		Cood Sell Fated Montal Health	Percent	11.5 ^E
		Fair or moor calf rated mountal bootsh	Number of persons	F
		Fair or poor self-rated mental health	Percent	F
		Calf rated mantal health mat stated	Number of persons	F
		Self-rated mental health, not stated	Percent	F
		Total warming the state of the	Number of persons	3,501
		Total population for the variable self-rated mental health	Percent	100.0
		Vancous and an assemble of a self-self-self-self-	Number of persons	2,901
		Very good or excellent self-rated mental health	Percent	82.9
			Number of persons	1,431 ^E
		Excellent self-rated mental health	Percent	40.9 ^E
			Number of persons	1,470 ^E
	Females	Very good self-rated mental health	Percent	42.0
				_
		Good self-rated mental health	Number of persons	498 ^E
			Percent	14.2 ^E
		Fair or poor self-rated mental health	Number of persons	F
			Percent	F
		Self-rated mental health, not stated	Number of persons	F
			Percent	F
		Total population for the variable self-rated mental health	Number of persons	5,580
		peparation (c. 110 farinatio con fatou montai ficaliti	Percent	100.0
		Very good or excellent self-rated mental health	Number of persons	3,812
		good	Percent	68.3
		Excellent self-rated mental health	Number of persons	1,612
	<u>.</u>		Percent	28.9
	Both sexes	Very good self-rated mental health	Number of persons	2,200
		, good oon rated montal floatin	Percent	39.4
		Good self-rated mental health	Number of persons	1,486
			Percent	26.6
		Fair or poor self-rated mental health	Number of persons	F
		i an or poor sen-rated mental health	Percent	F
	l			

Self-rated mental health, not stated	5	2,807
	Percent	F
N	Number of persons	2,807
I ITotal population for the variable self-rated mental health	Percent	100.0
	Number of persons	S 2,807 100.0 S 1,914 68.2 S 957 ^E 34.1 ^E S 957 ^E 34.1 ^E S 768 ^E 27.3 ^E S F S F S 1,00.0 S 1,897 68.4 S 655 ^E 23.6 ^E S 1,243 ^E 44.8 S 718 ^E S F F S 9,228 100.0
I IVery good or excellent self-rated mental health	Percent	
	Number of persons	-
	Percent	_
		_
Males Very good self-rated mental health	Number of persons	34.1 ^E 957 ^E 34.1 ^E 768 ^E 27.3 ^E F F 2,773 100.0 1,897 68.4 655 ^E 23.6 ^E 1,243 ^E
P	Percent	34.1 ^E
	Number of persons	768 ^E
Good self-rated mental health	Percent	34.1 ^E 768 ^E 27.3 ^E F F F 2,773 100.0 1,897 68.4 655 ^E 23.6 ^E 1,243 ^E 44.8 718 ^E 25.9 ^E F F 9,228
	Number of persons	_
	Percent	-
	Number of persons	_
I35 to 44 years I Self-rated mental health, not stated ⊢	Percent	_
		_
I ITotal population for the variable self-rated mental health		
		_
I IVery good or excellent self-rated mental health	· · · · · · · · · · · · · · · · · · ·	_
		_
Excellent self-rated mental health	Number of persons	_
	Percent	23.6 ^E
Now and ask rated montal backs	Number of persons	1,243 ^E
Females Very good self-rated mental health	Percent	44.8
I N	Number of persons	718 ^E
Good self-rated mental health	ercent	2,807 100.0 1,914 68.2 957 ^E 34.1 ^E 957 ^E 34.1 ^E 768 ^E 27.3 ^E F F F 2,773 100.0 1,897 68.4 655 ^E 23.6 ^E 1,243 ^E 44.8 718 ^E 25.9 ^E F F F F 9,228 100.0 6,568 71.2 2,823 3,745 40.6 1,908 20.7 579 ^E 6.3 ^E F F F F F F F F F F F F F F F F F F F
	Number of persons	_
I I Fair or poor self-rated mental health	Percent	_
	Number of persons	_
	Percent	_
<u> </u>		_
Total population for the variable self-rated mental health	Number of persons	_
	Percent	_
I IVery good or excellent self-rated mental health	Number of persons	-
	Percent	_
I I Excellent self-rated mental health	Number of persons	
	Percent	_
	Number of persons	_
l P	Percent	2,773 100.0 1,897 68.4 655 ^E 23.6 ^E 1,243 ^E 44.8 718 ^E 25.9 ^E F F 9,228 100.0 6,568 71.2 2,823 30.6 3,745 40.6 1,908 20.7 579 ^E 6.3 ^E F 4,816 100.0 3,423
Good self-rated mental health	Number of persons	_
	Percent	20.7
Fair or poor self-rated mental health	Number of persons	F 2,807 100.0 1,914 68.2 957 ^E 34.1 ^E 957 ^E 34.1 ^E 768 ^E 27.3 ^E F F 2,773 100.0 1,897 68.4 655 ^E 23.6 ^E 1,243 ^E 44.8 718 ^E 25.9 ^E F F F F 9,228 100.0 6,568 71.2 2,823 30.6 3,745 40.6 1,908 20.7 579 ^E 6.3 ^E 4,816 100.0 3,423 71.1 1,606
P I all of poor son rated montal nearm	Percent	
No. 16 march of magnetic booking and a second of the secon	Number of persons	F
Self-rated mental health, not stated	Percent	F
N N	Number of persons	957E 34.1E 768E 27.3E F F F 27.73 100.0 1,897 68.4 655E 23.6E 1,243E 44.8 718E 25.9E F F 9,228 100.0 6,568 71.2 2,823 30.6 3,745 40.6 1,908 20.7 579E 6.3E F 4,816 100.0 3,423 71.1 1,606
Total population for the variable self-rated mental health P	Percent	
N	Number of persons	3,423
Very good or excellent self-rated mental health	Percent	71.1
IN	Number of persons	1,606
	Percent	33.4
		1

1	1	1	Number of persons	1,816
		Very good self-rated mental health	Percent	37.7
				_
		Good self-rated mental health	Number of persons	955 ^E
	Males		Percent	19.8 ^E
		Fair or poor self-rated mental health	Number of persons	F
		an or poor sen-rated mentar nearth	Percent	F
		Salf rated mantal health not atotad	Number of persons	F
		Self-rated mental health, not stated	Percent	F
		Total annual disaster the consists and sected as extellerable	Number of persons	4,412
		Total population for the variable self-rated mental health	Percent	100.0
			Number of persons	3,145
45 to 64 years		Very good or excellent self-rated mental health	Percent	71.3
			Number of persons	1,217
		Excellent self-rated mental health	Percent	27.6
			Number of persons	1,929
	Females	Very good self-rated mental health	Percent	43.7
			Percent Number of persons	954 ^E
		Good self-rated mental health		21.6 ^E
				_
		Fair or poor self-rated mental health		286 ^E
		•	Percent	6.5 ^E
		Self-rated mental health, not stated	Number of persons	F
		den-rated mentar neatth, not stated	Percent	F
		otal population for the variable self-rated mental health	Number of persons	2,103
		Total population for the variable self-rated mental health	Percent	100.0
		Very good or everylant celf rated mental health	Number of persons	1,459
		Very good or excellent self-rated mental health	Percent	69.4
			Number of persons	755 ^E
		Excellent self-rated mental health	Percent	35.9 ^E
			Number of persons	704
	Both sexes	Very good self-rated mental health		33.5
				624
		Good self-rated mental health		29.6
				F
		Fair or poor self-rated mental health		- · F
				-
		Self-rated mental health, not stated		- ' F
65 years and aver			Number of persons	1,103
65 years and over		Total population for the variable self-rated mental health		1,103
				748
		Very good or excellent self-rated mental health		67.8
				- 67.8 F
		Excellent self-rated mental health	Number of persons	_
			Percent	F
	Males	Very good self-rated mental health	Number of persons	306 ^E
			Percent	27.7 ^E
		Good solf rated montal hands	Number of persons	335 ^E
		Good self-rated mental health	Percent	30.3 ^E
			Number of persons	F
		Fair or poor self-rated mental health	Percent	F
			Number of persons	F
		Self-rated mental health, not stated	Percent	F
				1

			Number of persons	1,000
		Total population for the variable self-rated mental health	Percent	100.0
		Very good or excellent self-rated mental health	Number of persons	711
		very good or excellent self-rated mental health	Percent	71.1
		Excellent self-rated mental health	Number of persons	313 ^E
		Excenent sen-rateu mentai neattii	Percent	31.3 ^E
Fo	emales	Very good calf rated mantal health	Number of persons	398 ^E
re	emaies	Very good self-rated mental health	Percent	39.8 ^E
		Good self-rated mental health	Number of persons	289 ^E
		Good Sen-rated mental nealth	Percent	28.9 ^E
		Fair or poor self-rated mental health	Number of persons	F
		Fair or poor sen-rated mental health	Percent	F
	Self-rated men	Self-rated mental health, not stated	Number of persons	F
		Sen-rateu mentai neattii, not Stateu	Percent	F

Symbol legend:

E Use with caution

F Too unreliable to be published

Footnotes:

- 1. Source: Statistics Canada, Canadian Community Health Survey (CCHS 3.1), 2005.
- 2. Health regions are defined by the provincial ministries of health. These are legislated administrative areas in all provinces. The health regions presented in this table are based on boundaries and names in effect as of June 2005. For complete Canadian coverage, each of the northern territories also represents a health region.
- 3. A "peer group" is a grouping of health regions that have similar social and economic characteristics. The nine peer groups are identified by the letters A through I, which are appended to the health region 4-digit code.
- 10. Population aged 12 and over who rate their own mental health status as being excellent, very good, fair or poor. Self-reported mental health provides a general indication of the population suffering from some form of mental disorder, mental or emotional problems, or distress, not necessarily reflected in self-reported (physical) health.
- 11. When comparing estimates, it is important to use confidence intervals to determine if differences between values are statistically significant. Confidence intervals describe sampling variability and give an indication of the precision of a given estimate.
- 12. Bootstrapping techniques were used to produce the coefficient of variation (CV) and 95% confidence intervals (CIs).
- 13. Data with a coefficient of variation (CV) from 16.6% to 33.3% are identified as follows: (E) use with caution.
- 14. Data with a coefficient of variation (CV) greater than 33.3% were suppressed due to extreme sampling variability and are identified as follows: (F) too unreliable to be published.

Source: Statistics Canada. Table 105-0421 - Self-rated mental health, by age group and sex, household population aged 12 and over, Canada, provinces, territories, health regions (June 2005 boundaries) and peer groups, every 2 years, CANSIM (database). http://cansim2.statcan.ca/cgi-win/cnsmcgi.exe?

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