Table 105-0421[1]
Self-rated mental health, by age group and sex, household population aged 12 and over, Canada, provinces, territories, health regions (June 2005 boundaries) and peer groups, every 2 years

Survey or program details:

Canadian Community Health Survey - **3226**

Geography[2,3]=Yukon Territory [60]

Age group	Sex	Self-rated mental health[10]	Characteristics[11,12,13,14]	2005
Total, 12 years and over	**Both sexes**	Total population for the variable self-rated mental health	Number of persons	27,188
			Percent	100.0
		Very good or excellent self-rated mental health	Number of persons	20,036
			Percent	73.7
		Excellent self-rated mental health	Number of persons	8,978
			Percent	33.0
		Very good self-rated mental health	Number of persons	11,058
			Percent	40.7
		Good self-rated mental health	Number of persons	5,541
			Percent	20.4
		Fair or poor self-rated mental health	Number of persons	1,176[E]
			Percent	4.3[E]
		Self-rated mental health, not stated	Number of persons	F
			Percent	F
	Males	Total population for the variable self-rated mental health	Number of persons	13,664
			Percent	100.0
		Very good or excellent self-rated mental health	Number of persons	9,959
			Percent	72.9
		Excellent self-rated mental health	Number of persons	4,601
			Percent	33.7
		Very good self-rated mental health	Number of persons	5,358
			Percent	39.2
		Good self-rated mental health	Number of persons	2,729
			Percent	20.0
		Fair or poor self-rated mental health	Number of persons	629[E]
			Percent	4.6[E]
		Self-rated mental health, not stated	Number of persons	F
			Percent	F
	Females	Total population for the variable self-rated mental health	Number of persons	13,524
			Percent	100.0
		Very good or excellent self-rated mental health	Number of persons	10,077
			Percent	74.5
		Excellent self-rated mental health	Number of persons	4,377
			Percent	32.4
		Very good self-rated mental health	Number of persons	5,700
			Percent	42.2
		Good self-rated mental health	Number of persons	2,812
			Percent	20.8

			Number of persons	547[E]
		Fair or poor self-rated mental health	Percent	4.0[E]
		Self-rated mental health, not stated	Number of persons	F
			Percent	F
12 to 19 years	Both sexes	Total population for the variable self-rated mental health	Number of persons	3,854
			Percent	100.0
		Very good or excellent self-rated mental health	Number of persons	2,897
			Percent	75.2
		Excellent self-rated mental health	Number of persons	1,351
			Percent	35.1
		Very good self-rated mental health	Number of persons	1,545
			Percent	40.1
		Good self-rated mental health	Number of persons	689[E]
			Percent	17.9[E]
		Fair or poor self-rated mental health	Number of persons	F
			Percent	F
		Self-rated mental health, not stated	Number of persons	F
			Percent	F
	Males	Total population for the variable self-rated mental health	Number of persons	2,016
			Percent	100.0
		Very good or excellent self-rated mental health	Number of persons	1,474
			Percent	73.1
		Excellent self-rated mental health	Number of persons	590[E]
			Percent	29.3[E]
		Very good self-rated mental health	Number of persons	884
			Percent	43.8
		Good self-rated mental health	Number of persons	336[E]
			Percent	16.6[E]
		Fair or poor self-rated mental health	Number of persons	F
			Percent	F
		Self-rated mental health, not stated	Number of persons	F
			Percent	F
	Females	Total population for the variable self-rated mental health	Number of persons	1,838
			Percent	100.0
		Very good or excellent self-rated mental health	Number of persons	1,422
			Percent	77.4
		Excellent self-rated mental health	Number of persons	761
			Percent	41.4
		Very good self-rated mental health	Number of persons	661[E]
			Percent	36.0[E]
		Good self-rated mental health	Number of persons	353[E]
			Percent	19.2[E]
		Fair or poor self-rated mental health	Number of persons	F
			Percent	F
		Self-rated mental health, not stated	Number of persons	F
			Percent	F
		Total population for the variable self-rated mental health	Number of persons	6,422
			Percent	100.0
		Very good or excellent self-rated mental health	Number of persons	5,301
			Percent	82.5

20 to 34 years				
	Both sexes	Excellent self-rated mental health	Number of persons	2,437
			Percent	37.9
		Very good self-rated mental health	Number of persons	2,865
			Percent	44.6
		Good self-rated mental health	Number of persons	834[E]
			Percent	13.0[E]
		Fair or poor self-rated mental health	Number of persons	F
			Percent	F
		Self-rated mental health, not stated	Number of persons	F
			Percent	F
	Males	Total population for the variable self-rated mental health	Number of persons	2,921
			Percent	100.0
		Very good or excellent self-rated mental health	Number of persons	2,400
			Percent	82.2
		Excellent self-rated mental health	Number of persons	1,005[E]
			Percent	34.4[E]
		Very good self-rated mental health	Number of persons	1,395[E]
			Percent	47.7[E]
		Good self-rated mental health	Number of persons	336[E]
			Percent	11.5[E]
		Fair or poor self-rated mental health	Number of persons	F
			Percent	F
		Self-rated mental health, not stated	Number of persons	F
			Percent	F
	Females	Total population for the variable self-rated mental health	Number of persons	3,501
			Percent	100.0
		Very good or excellent self-rated mental health	Number of persons	2,901
			Percent	82.9
		Excellent self-rated mental health	Number of persons	1,431[E]
			Percent	40.9[E]
		Very good self-rated mental health	Number of persons	1,470[E]
			Percent	42.0
		Good self-rated mental health	Number of persons	498[E]
			Percent	14.2[E]
		Fair or poor self-rated mental health	Number of persons	F
			Percent	F
		Self-rated mental health, not stated	Number of persons	F
			Percent	F
	Both sexes	Total population for the variable self-rated mental health	Number of persons	5,580
			Percent	100.0
		Very good or excellent self-rated mental health	Number of persons	3,812
			Percent	68.3
		Excellent self-rated mental health	Number of persons	1,612
			Percent	28.9
		Very good self-rated mental health	Number of persons	2,200
			Percent	39.4
		Good self-rated mental health	Number of persons	1,486
			Percent	26.6
		Fair or poor self-rated mental health	Number of persons	F
			Percent	F

		Self-rated mental health, not stated	Number of persons	F
			Percent	F
35 to 44 years	Males	Total population for the variable self-rated mental health	Number of persons	2,807
			Percent	100.0
		Very good or excellent self-rated mental health	Number of persons	1,914
			Percent	68.2
		Excellent self-rated mental health	Number of persons	957[E]
			Percent	34.1[E]
		Very good self-rated mental health	Number of persons	957[E]
			Percent	34.1[E]
		Good self-rated mental health	Number of persons	768[E]
			Percent	27.3[E]
		Fair or poor self-rated mental health	Number of persons	F
			Percent	F
		Self-rated mental health, not stated	Number of persons	F
			Percent	F
	Females	Total population for the variable self-rated mental health	Number of persons	2,773
			Percent	100.0
		Very good or excellent self-rated mental health	Number of persons	1,897
			Percent	68.4
		Excellent self-rated mental health	Number of persons	655[E]
			Percent	23.6[E]
		Very good self-rated mental health	Number of persons	1,243[E]
			Percent	44.8
		Good self-rated mental health	Number of persons	718[E]
			Percent	25.9[E]
		Fair or poor self-rated mental health	Number of persons	F
			Percent	F
		Self-rated mental health, not stated	Number of persons	F
			Percent	F
	Both sexes	Total population for the variable self-rated mental health	Number of persons	9,228
			Percent	100.0
		Very good or excellent self-rated mental health	Number of persons	6,568
			Percent	71.2
		Excellent self-rated mental health	Number of persons	2,823
			Percent	30.6
		Very good self-rated mental health	Number of persons	3,745
			Percent	40.6
		Good self-rated mental health	Number of persons	1,908
			Percent	20.7
		Fair or poor self-rated mental health	Number of persons	579[E]
			Percent	6.3[E]
		Self-rated mental health, not stated	Number of persons	F
			Percent	F
		Total population for the variable self-rated mental health	Number of persons	4,816
			Percent	100.0
		Very good or excellent self-rated mental health	Number of persons	3,423
			Percent	71.1
		Excellent self-rated mental health	Number of persons	1,606
			Percent	33.4

Age group	Sex	Self-rated mental health	Measure	Value
45 to 64 years	Males	Very good self-rated mental health	Number of persons	1,816
			Percent	37.7
		Good self-rated mental health	Number of persons	955[E]
			Percent	19.8[E]
		Fair or poor self-rated mental health	Number of persons	F
			Percent	F
		Self-rated mental health, not stated	Number of persons	F
			Percent	F
	Females	Total population for the variable self-rated mental health	Number of persons	4,412
			Percent	100.0
		Very good or excellent self-rated mental health	Number of persons	3,145
			Percent	71.3
		Excellent self-rated mental health	Number of persons	1,217
			Percent	27.6
		Very good self-rated mental health	Number of persons	1,929
			Percent	43.7
		Good self-rated mental health	Number of persons	954[E]
			Percent	21.6[E]
		Fair or poor self-rated mental health	Number of persons	286[E]
			Percent	6.5[E]
		Self-rated mental health, not stated	Number of persons	F
			Percent	F
65 years and over	Both sexes	Total population for the variable self-rated mental health	Number of persons	2,103
			Percent	100.0
		Very good or excellent self-rated mental health	Number of persons	1,459
			Percent	69.4
		Excellent self-rated mental health	Number of persons	755[E]
			Percent	35.9[E]
		Very good self-rated mental health	Number of persons	704
			Percent	33.5
		Good self-rated mental health	Number of persons	624
			Percent	29.6
		Fair or poor self-rated mental health	Number of persons	F
			Percent	F
		Self-rated mental health, not stated	Number of persons	F
			Percent	F
	Males	Total population for the variable self-rated mental health	Number of persons	1,103
			Percent	100.0
		Very good or excellent self-rated mental health	Number of persons	748
			Percent	67.8
		Excellent self-rated mental health	Number of persons	F
			Percent	F
		Very good self-rated mental health	Number of persons	306[E]
			Percent	27.7[E]
		Good self-rated mental health	Number of persons	335[E]
			Percent	30.3[E]
		Fair or poor self-rated mental health	Number of persons	F
			Percent	F
		Self-rated mental health, not stated	Number of persons	F
			Percent	F

		Total population for the variable self-rated mental health	Number of persons	1,000
			Percent	100.0
		Very good or excellent self-rated mental health	Number of persons	711
			Percent	71.1
		Excellent self-rated mental health	Number of persons	313[E]
			Percent	31.3[E]
Females		Very good self-rated mental health	Number of persons	398[E]
			Percent	39.8[E]
		Good self-rated mental health	Number of persons	289[E]
			Percent	28.9[E]
		Fair or poor self-rated mental health	Number of persons	F
			Percent	F
		Self-rated mental health, not stated	Number of persons	F
			Percent	F

Symbol legend:

[E] Use with caution

[F] Too unreliable to be published

Footnotes:

1. Source: Statistics Canada, Canadian Community Health Survey (CCHS 3.1), 2005.

2. Health regions are defined by the provincial ministries of health. These are legislated administrative areas in all provinces. The health regions presented in this table are based on boundaries and names in effect as of June 2005. For complete Canadian coverage, each of the northern territories also represents a health region.

3. A "peer group" is a grouping of health regions that have similar social and economic characteristics. The nine peer groups are identified by the letters A through I, which are appended to the health region 4-digit code.

10. Population aged 12 and over who rate their own mental health status as being excellent, very good, fair or poor. Self-reported mental health provides a general indication of the population suffering from some form of mental disorder, mental or emotional problems, or distress, not necessarily reflected in self-reported (physical) health.

11. When comparing estimates, it is important to use confidence intervals to determine if differences between values are statistically significant. Confidence intervals describe sampling variability and give an indication of the precision of a given estimate.

12. Bootstrapping techniques were used to produce the coefficient of variation (CV) and 95% confidence intervals (CIs).

13. Data with a coefficient of variation (CV) from 16.6% to 33.3% are identified as follows: (E) use with caution.

14. Data with a coefficient of variation (CV) greater than 33.3% were suppressed due to extreme sampling variability and are identified as follows: (F) too unreliable to be published.

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